



History for sale

A Sylvia Street home on the Lexington/Arlington line, which was the first place of worship, outside of private homes, for Jews in the area, is for sale.

Page 31

THE ARLINGTON ADVOCATE

ESTABLISHED 1872 ~ VOL. 133, NO. 1 • THURSDAY, JANUARY 27, 2005 • ARLINGTON, MASSACHUSETTS • 75¢

Budget plan offered

By Roberto Scalese
STAFF WRITER

Selectman Charles Lyons has prepared a four-point plan to address Arlington's economic shortfall — whether that plan is accepted by the town is another matter. It's the first in what may become a season of proposals by town officials to help guide Arlington out of its financial cave.

Lyons planned to present the proposal to the rest of the selectmen and the Budget and Revenue Task Force on Monday, but those meetings were cancelled. The two boards are expected to meet next Monday.

Lyons has not yet declared his reelection candidacy, but his seat is up for grabs in this year's election, along with Selectmen Chairman Diane Mahon. Lyons insisted his plan was not a political stand, but a way to help the town recover from its projected budget shortfalls for the next five years.

"It's comprehensive. It's not a one-shot deal. It's a long-term plan for the next five years," said Lyons. "I'm looking to see if others think this is a reasonable thing to do."

Lyons said his plan requires effort from everyone if it's going to work.

Town departments must agree to hold spending increases to 4 percent per year. Exhibiting that kind of control is imperative to show voters that the town government is serious about controlling costs, he said.

"We can't go back to 6 1/2 percent budget increases. Everyone is going to have to sharpen their pencils this year," said Lyons.

He also calls for a 7 percent cap on benefit increases. Should benefits have to increase beyond that 7 percent, the extra money will have to come from elsewhere in the department's 4 percent budget increase, said Lyons.

For the plan to work, state aid must be returned to where it was three years ago, said Lyons. While that may not happen in one year, the state could re-fund those cuts in three years without breaking a sweat. In his plan, Lyons outlines a three-year approach to restoring state aid, should legislators accept the idea.

"If it takes three or four years to restore the cuts, that's OK," said Lyons.

To bolster the argument, Lyons has met with several state officials and statewide organizations, like the Speaker of the House's office, Senate President's office and the Massachusetts Municipal Management Association. He has also organized a meeting of superintendents from Arlington, Stoneham, Saugus and Winthrop. Those
Lyons, Page 23

Town blanketed in white



Frank Beckett, caretaker at St. John's Episcopal Church on Pleasant Street, clears the sidewalk around the church Monday morning. Arlingtonians were faced with more than 2 feet of snow from a blizzard that hit the area last weekend.

Storm dumps 28 inches

By Roberto Scalese
STAFF WRITER

The Blizzard of 2005 walloped Arlington and everyone else in eastern Massachusetts as residents lost power and slowly dug themselves out of the 28-inch snowfall.

According to Public Works Director John Sanchez, the town had 58 plows out on the roads during the blizzard, which started Saturday afternoon and lasted well into Sunday. That's way above the 40 pieces used during the December 2003 blizzard, which saw several snow-cleaning problems.

The first priority was to keep every street in town at least passable for emergency vehicles.

"I honestly think we did very well. We good a good job of keeping the roads open," said Sanchez. "We wanted to keep all roads open during the storm. It wasn't so much as to tuck every corner, but open enough so emergency vehicles could reach every neighborhood."

Police Chief Fred Ryan said the town towed 15-20 cars parked on streets during the snow emergency, many of them in East Arlington.

Once the skies cleared, crews began
Blizzard, Page 23

Storm delays super search

By Brooke Leister
STAFF WRITER

The winter blast that dumped 28 inches of snow on Arlington closed school for two days and forced the cancellation of Tuesday's School Committee meeting at which members hoped to name the new superintendent.

On Monday, committee members had to cancel a planned trip to Barnstable and Lexington. Superintendent finalist Andrea Ravenelle previously served as superintendent and assistant superintendent of schools in Barnstable, and is currently the director of curriculum in Lexington.

Committee Chairman Paul Schlichtman said members plan to visit Barnstable and Lexington next week instead.

He added the delay should not impact the superintendent search. The next School Committee meeting is scheduled for Feb. 8.

"I'm convinced right now, if you look at all the circumstances ... where we are right now, I don't think anything is going to change substantively in the next two weeks," he said. "Given where we're sitting on the search, everyone else is
Superintendent, Page 23

Teens plead guilty to arson charges

By Bethan L. Jones
CNC STAFF WRITER

Two Arlington 18-year-olds pleaded guilty for setting several fires in Arlington and Lexington last June.

William Minogue and Joseph Monahan were charged with burning a dwelling, burning a building, five counts of burning a motor vehicle, two counts of breaking and entering a vehicle with the intent to commit a felony, malicious destruction of property more than \$250, two counts of larceny and three counts of conspiracy. Minogue also pleaded guilty to one charge of attempted breaking and entering of a vehicle at Middlesex Superior Courthouse last week.

Minogue was sentenced to two years in the Billerica House of Corrections followed by five years of probation. Monahan will be serving two to three years at MCI-Cedar Junction and five years of probation.

The Lexington Fire Department was alerted to a fire in the garage on Rawson Avenue in the early hours of June 20. The three-alarm blaze took Lexington, Arlington, Belmont and Concord firefighters an hour-and-a-half to get under control and more than three hours to extinguish as the fire spread from the garage to a home next door.

Lexington Fire Chief William Middlemiss said initial estimates of the damage were around \$750,000. Both residents of the home lost their automobiles in the fire and the heat of the flames caused the siding on surrounding homes to melt.

At around 4 a.m. that same day, Arlington Fire was notified a truck was on fire on Drake Road. A cooler of beer which had been in the truck was later found at one of the defendants homes as well as items missing from
Arson, Page 23

Theater performing teen's play

By Brooke Leister
STAFF WRITER

When Alexandra Hudsvai drew inspiration for her play "The Well in the Woods," she looked no further than the fairy tales she has always loved.

The play, which took the 14-year-old Arlington resident about three weeks to write, tells the tale of two princesses running away from their evil stepmother to save the king, their dying father. "The Well in the Woods" is the first place winner of the Arlington Children's Theater Second Annual Young Playwright's Competition.

ACT will present the play tomorrow and Saturday evening at the Arlington Center for the Arts, 41 Foster St. The performance, which runs
Act, Page 23



Rebecca Straubing, center, rehearses her lines during a read-through before a stage rehearsal of "The Well in the Woods" Monday. Arlington Children's Theater will perform the play that was written by 14-year-old Arlingtonian Alexandra Hudsvai this weekend.

Index

Capitol Theatre, 2
Harvesting History, 31
Obituaries, 19
Robbins Library, 21

Getaway

Plan an overnight stay at one of Boston's best this Valentine's Day.
Destinations, Page 26



Vote

See the Readers Choice ballot in this week's paper for your opportunity to vote for your favorites in a host of categories.

Page 17



a look Inside

Looking ahead

State Rep. Jim Marzilli discusses his legislative agenda.

Page 3

Play opens Friday

Arlington Friends of the Drama kicks off "The Women" this weekend at the Academy Street theater.

Page 9

All About Arlingtonians, 28

Arts, 34
DPW, 18
Learning, 29
Obituaries, 19
Perspectives, 6
Seniors, 22
Sports, 11

Event benefits local family

Come join the greater Arlington community to support David Maybury, his wife Suzanne McLeod and daughter Nora, an Arlington family from the Peirce School area.

All proceeds of this fund raiser and silent auction will help cover the costs of David's medications for treatment of melanoma.

The event will be held from 7 to 10 p.m. Saturday, Jan. 29 at the Pleasant Street Congregational Church, 75 Pleasant St.

Items valued at more than \$5,000 have already been contributed. A sample of these include a weekend getaway to York, Maine; a guided fishing trip from Rhode Island; two tickets to see comedienne Paula Poundstone at the Regent Theatre; an outdoor grilling class; a semester of Tai Chi classes; a Red Sox photo montage; and restaurant gift certificates.

For further information, call: Ann Bausman 781-641 4319 or Sue McClelland 781-646-0568.

The following are excerpts from the Arlington Police Department log. The information is open to the public.

Monday, Jan. 17

- At 10:13 a.m., police received a call about a broken car window on Mystic Street.
- At 12:46 p.m., a Montague Street resident reported someone slashed two tires.

Wednesday, Jan. 19

- At 7:16 a.m. police responded to a report of children pushing one another on North Union Street. The children's parents were notified.
- At 8:40 a.m., one person was taken to Mt. Auburn Hospital after a two-car accident at Ronald Road and Washington Street.
- At 3:45 p.m., an officer spoke to a skater about the ice not being safe at Spy Pond.

- At 7:16 p.m., a Massachusetts Avenue resident notified police after someone used a checking account number to print checks. The fraudulent checks were reportedly sent to an Ayer address. Police are investigating and asked the resident to notify the bank.

Thursday, Jan. 20

- At 2:40 p.m., police responded to Court Street after seven cars' tires were slashed.

Friday, Jan. 21

- At 12:58 p.m., an employee at a Massachusetts Avenue business called police after a man stole four electric razors, valued at \$125 each. The man fled in a vehicle and the employee was able to give the license plate number to police, which found the car belonged to a Revere man. Police investigated and discovered the vehicle was involved in a shoplifting incident in

POLICE LOG

Arrests

Tuesday, Jan. 18

- At 9:52 a.m., police arrested Charlene H. Nahigian, 45, 27 Henderson St., and charged her with assault and battery. Officer Brandon Kindle made the arrest.

Thursday, Jan. 20

- At 4:29 p.m., police arrested Jairo Alberto Gutierrez, 30, 304 Fanueil St., Brighton, and charged him with assault and battery and violating an abuse prevention order/trespassing. Officer Jennifer McGill made the arrest.

Danvers and that town's police arrested a man. Arlington police are investigating.

Saturday, Jan. 22

- At 2:15 p.m., an Appleton Street resident called police about identity fraud. He tried to open a cellular phone account and was told he already had an account, which was past due. A Lynn

Local Democrats schedule caucus for convention Saturday

Registered Democrats in Arlington will hold a caucus at the second-floor meeting room of the Community Safety Building, 112 Mystic St., at 10 a.m. Saturday, Jan. 29 to elect 36 delegates and 10 alternates to the 2005 Massachusetts Democratic Convention. Delegates will be divided equally between men and women.

The convention will be held on Saturday, May 14 at the Paul E. Tsongas Arena in Lowell. At that time, Democrats from across the state will gather to review

and approve the party platform, a document that will serve as the official political agenda of the Massachusetts Democratic Party. A series of public hearings have been scheduled so that Democrats throughout the state can contribute to the development of this important document.

The caucus is open to all Democrats registered in Arlington as of Dec. 31, 2004. Please arrive by 10 a.m.; no one will be admitted after 10:15 a.m.

Candidates for delegate and alternate must consent to nomination in writing. Anyone who would like to be a delegate but who cannot be present at the caucus should send a letter of notification to Aimee Coolidge (chair of the Arlington Democratic Town Committee), 18 Stevens Terrace, Arlington, MA 02476, before the caucus date.

Elected delegates must pay the convention registration fee of \$55 (which can be waived in cases of hardship).

Discrimination on the basis of race, sex, age, color, national origin, religion, ethnic identity, sexual orientation or economic status in the conduct of the caucus is strictly prohibited. Challenges to the delegate selection process can be filed with the Massachusetts Democratic Party, 10 Granite St., Quincy, MA 02169 no later than 10 days after the caucus date.

For more information, please contact the Democratic State Committee at 617-472-0637.

MEETINGS

Thursday, Jan. 27

- Contributory Retirement Board meets at 4:30 p.m. in the School Committee Room, Arlington High School, sixth floor.
- Vision 2020's Fiscal Resources Task Group meets at 7:30 p.m. in the Town Hall Annex, first-floor conference room.
- Historic District Commissions meets at 8 p.m. in the Whittemore-Robbins House, 670R Massachusetts Ave.

Monday, Jan. 31

- School Committee's Budget Subcommittee meets at 4 p.m. in the School Committee Room, Arlington High School, sixth floor.

- Budget and Revenue Task Force meets at 6 p.m. in the Selectmen's Hearing Room, Town Hall, second floor.
- Board of Selectmen meets at 7:15 p.m. in the Selectmen's Chambers, Town Hall, second floor.
- Finance Committee meets at 7:30 p.m. in the Community Safety Building, second-floor conference room.

Tuesday, Feb. 1

- Permanent Town Building Committee meets at 7:30 p.m. in the Town Hall Annex, second floor.
- Patriots Day Celebration Committee meets at 7:30 p.m. at Bowes Realty, 1010 Massachusetts Ave.
- Historical Commission meets at 7:30 p.m. in the Whittemore-Robbins House.

Wednesday, Feb. 2

- Finance Committee meets at 7:30 p.m. in the Community Safety Building, second-floor conference room.

Thursday, Feb. 3

- School Committee's Policy and Procedures Subcommittee meets at 3:30 p.m. in the Superintendent's office, Arlington High School, sixth floor.
- Sports Center Improvement Committee meets at 7 p.m. in Veterans Memorial Skating Rink, 422 Summer St.
- Conservation Commission meets at 7:30 p.m. in the Department of Public Works conference room, Town Hall Annex, second floor.

CAPITOL THEATRE

204 Massachusetts Ave.
Movie Listings, 781-648-4340
Box Office, 781-648-6022
www.capitoltheatreonline.com
Friday, Jan. 28

- SPANGLISH (PG13) 2:35, 5:05, 7:35, 10:05
- OCEAN'S TWELVE (PG13) 2:30, 3:50, 7:30, 10
- THE INCREDIBLES (PG) 2, 4:30, 7:05, 9:30
- FINDING NEVERLAND (PG) 1:25, 3:30,

5:35, 7:40, 9:45

- NATIONAL TREASURE (PG) 4:55, 7:25, 9:55
- RAY (PG13) 1, 3:55, 6:50, 9:40
- THE SPONGEBOB SQUAREPANTS MOVIE (PG) 1:10, 3:10

Saturday & Sunday,
Jan. 29 & 30

- SPANGLISH (PG13) 12:05, 2:35, 5:05, 7:35, 10:05
- OCEAN'S TWELVE (PG13) 12, 2:30,

35, 7:30, 10

- THE INCREDIBLES (PG) 11:25, 2, 4:30, 7:05, 9:30
- FINDING NEVERLAND (PG) 11:20, 1:25, 3:30, 5:35, 7:40, 9:45
- NATIONAL TREASURE (PG) 4:55, 7:25, 9:55

- RAY (PG13) 11:35, 1, 3:55, 6:50, 9:40
- THE SPONGEBOB SQUAREPANTS MOVIE (PG) 11:10, 1:10, 3:10

Monday-Thursday
Jan. 31-Feb. 3

- SPANGLISH (PG13) 2:35, 5:05, 7:35,

10:05

- OCEAN'S TWELVE (PG13) 2:30, 3:50, 7:30, 10
- THE INCREDIBLES (PG) 2, 4:30, 7:05, 9:30
- FINDING NEVERLAND (PG) 1:25, 3:30, 5:35, 7:40, 9:45

- NATIONAL TREASURE (PG) 4:55, 7:25, 9:55
- RAY (PG13) 1, 3:55, 6:50, 9:40
- THE SPONGEBOB SQUAREPANTS MOVIE (PG) 1:10, 3:10

ARLINGTON VETERANS TAXI



- Serving Arlington & Surroundings
- Package Delivery
- Service to and from Logan Airport
- 24 Hour Service

(781) 646-0088

ARLINGTON DENTAL GROUP
FAMILY AND COSMETIC DENTISTRY
Welcoming New Patients



Emergencies Seen Immediately
Senior Citizens Welcome
Most Insurances Accepted
Saturday And Evening Hours

Fariba Esbah, D.M.D.
FREE INITIAL CONSULTATION
Fariba Esbah, D.M.D.
(781) 643-7788
smiles@arlingtondentalgrp.com
www.arlingtondentalgrp.com
22 Mill Street, Suite 202, Arlington, MA

POOL BONANZA
PRE-SEASON SALE
WINTER SAVINGS SPECIALS!
BUY NOW & SAVE!



THE CARRIBEAN
INTRODUCING 2005 POOLS AT 2004 PRICES!
1st 50 CALLERS WILL RECEIVE SOLAR PANEL POOL HEATER, CARRIBEAN POOLS ONLY

WHILE THEY LAST
"THE DIPLOMAT" 19' x 31' O.D.
15' x 24' Swim Area
Family Sized Pool
Installation optional & extra

FREE INSTALLATION ON CARRIBEAN POOLS ONLY ORDERED BEFORE MARCH 31st

SALE \$1180*

ALL POOLS INCLUDE:

- heavy gauge filter & pump
- fence & stairs
- set-in vinyl lining
- bracing
- sundeck
- pool ladder

CALL NOW TOLL FREE FOR HOME SURVEY
888-224-2217 DIAMOND POOLS
24 HOUR TOLL FREE SERVICE, DAILY & SUNDAY

The Arlington Advocate
USPS 031-900

The Arlington Advocate is published weekly on Thursday by Community Newspaper Company, 150 Baker Avenue Ext., Concord, MA 01742. Periodical postage paid at Concord, MA and additional mailing offices (CNC). Annual cost of home delivery via mail is \$43 in-town, \$60 out-of-town.

Postmaster: Send address changes to Circulation Department, 33 New York Ave., Framingham, MA 01701.

Winter Sale

Savings of 30% - 50% throughout the store

*Off of original retail price. All ROLEX timepieces are excluded. Some other exceptions do apply, all prior sales excluded.

ALPHA OMEGA
AMERICA'S WATCH & DIAMOND SPECIALISTS

HARVARD SQUARE - PRUDENTIAL CENTER
NATICK - BURLINGTON MALL
(617) 864-1227



Education on Marzilli's agenda

By Roberto Scalese
STAFF WRITER

This is the part of an ongoing series of stories highlighting the legislative agendas of Arlington's State House delegation.

Arlington state Rep. Jim Marzilli is focused on returning school aid to Arlington.

Marzilli said education finance is really the centerpiece of his legislative initiatives this year.

"The most pressing issue in the Legislature is how can we pay for the continuing improvements in education that we need in Massachusetts," said Marzilli. "The suburbs, especially Arlington, have seen some very deep cuts."

Part of the solution will be restoring the cuts made to local aid in the last three years, he said.

"Most of us are looking at a multi-year plan that would

restore the cuts made to lottery funding and to Chapter 70," said Marzilli. Chapter 70 funding is local aid used specifically for schools.

Marzilli said formulating an energy plan for the state will also help to save the environment and spur economic growth. By bolstering conservation, increasing the use of renewable energy and creating incentives for renewable energy providers to come to Massachusetts, Marzilli hopes to add to the commonwealth's business base while reducing dependence on foreign oil.

"We can put the foundation of a strong economy together that will last for a long time," said Marzilli.

To accomplish that, Marzilli hopes to establish incentives for building "green" buildings, which are designed with conservation and re-use in mind. He also hopes to streamline the process for renewable energy sources,

like wind farms and photovoltaic (solar power) cells.

"These are the rules and structures needed to make sure renewable energy has the same footing as other energy sources," said Marzilli.

Marzilli said green construction, which has slightly higher up-front costs, saves homeowners money over the structure's lifetime. The new Genzyme building, which is an almost completely self-sufficient green building, is a good example, he said.

"Genzyme knows it's saving over the lifetime of the building is going to far exceed any other costs," said Marzilli. "We need to re-engineer the building process from the ground up."

Marzilli has also sponsored legislation to increase the state's minimum wage by \$1.50 and to then index the wage to inflation. The increase would come in two 75-cent increases, said Marzilli. The state's minimum wage is currently set at \$6.75. He also wants to increase the earned income tax credit.

Support group for parents

Wayside Youth & Family Support Network sponsors The PAL Parent Support Group, designed to provide resources and conversation for parents of children with significant mental health needs.

The group meets on the first and third Thursday evenings of each month at 406 Massachusetts Ave., from 7-9:30 p.m.

Please call Anne Sullivan at 781-643-2580 x 123 for more information.

PLEASE RECYCLE THIS PAPER



New England FAMILY DENTAL

State-of-the-art Dental Care for the Whole Family

Drs. Morin & Marya Montazeri

New patients and senior citizens welcome.
Emergency Services • Free Consultation

**63 Massachusetts Ave., Arlington
781 646 7008
email: info@neFamilyDental.com**

Brattle Square Tailoring & Alterations
1050 Mass Ave. Arlington, MA 02476
Tel. # 781-643-4288

We do all kinds of alterations!
Men, Women & Kids
Specialized on bridesmaid dresses,
wedding gowns etc.
We also offer
Dry Cleaning Services
Jan. 3rd - Jan. 31st
All alterations 50% OFF

BERMAN'S
Specialty Foods

Happy New Year!
55 Mass. Avenue, Lexington
(781) 862-0515
AMEX, VISA & MASTERCARD


You're invited to
CAMP THOREAU'S OPEN HOUSE
Saturday, February 5
1:00 - 3:00pm

Come see why Camp Thoreau is the place to be, and learn why Camp Thoreau isn't your ordinary camp!

For children ages 4-15
Bring your friends!

Don't miss the SLIDE SHOW at 1:30pm

978-369-4095
For more information call
275 Forest Ridge Rd., Concord, 2.7 mi. from Route 2
www.campthoreau.com
NOW ACCEPTING REGISTRATIONS FOR 2005!



The Carroll School

The premier independent day school for elementary and middle school students who have been diagnosed with specific learning disabilities in reading and writing, such as dyslexia.

- Structured, multi-sensory, direct teaching, grades 2-8
- Reading remediation using the Orton-Gillingham approach
- Teaching and learning in a challenging, supportive environment
- Studio and Performing Arts
- Summer Programs

Information Sessions
1:15 & 2:15

OPEN HOUSE
Sunday, January 30, 1:00 PM - 3:00 PM

25 Baker Bridge Rd. • Lincoln, MA (781) 259-8342 • www.carrollschool.org

Celebrating Our 60th Year!

National Award Winning Office

BOWES GMAC

Pennell & Thompson Real Estate

Our Customer Satisfaction Rating is 95%

New Listing

Arlington: Prime Morningside loc, classic gem from by-gone era. Beautiful detail, 3 fireplaces, a grand foyer, 10 spacious rms, 5 BRs, 2.5 BAs.
\$829,000

New Listing

Arlington: Sun-filled Condo w/ views. Lg balc, open flr plan, fully updated, 2 BRs, 1.5 BAs, good closets, Euro bath, Jacuzzi, newer appl, nr Center.
\$299,000

Arlington: Lovely Dutch Colonial, 3 BRs, 1.5 BAs, FP'd LR, designer kit, hwd, new roof, cute yard, near new Peirce School.
\$459,900

Arlington: Glenbrook, multi-level, spacious Townhouse, 2 BRs, 1 full & 2 half BAs, hwd flrs in LR, eat-in-kt, lg FR, patio, walk-up attic for expansion potential.
\$429,900

Arlington: Enjoy spectacular sunsets overlooking reservoir & conservation land. Colonial Village 2 BR, 1 BA, totally updated unit.
\$239,900

Arlington: Village Heights! Newly renov Townhouse Condos, great kitchens, hwd, decks/patios, full kit appl, 2 car pkg, top location.
From **\$324,900**

Arlington: Meticulous & sunny newer brick front Colonial on quiet cul-de-sac, spacious yard, numerous renov, 7 rms, 3 BRs, 2.5 BAs, terrific FR & great master suite w/ vaulted ceils.
\$549,000

Arlington: Plenty of room for a family to grow in this large 3 story Colonial nr Center, updated kit & baths, parking for 4 cars.
\$449,900

 Kathryn Mazzone	 Mary Murray	 Laura Bongiorno	 Mickey Coyne	 Mary Lou Bigelow	 Robert Bowes	 Elaine Bowes	 Ted Griffin	 Kathy Calandrella	 Carol Suslowicz	 Brian Greeley	 Kim Oey-Rosenthal	 Diana DiGirolamo
 Lynne Thompson	 Cathy Shea	 Dave Dunn	 Don Levine	 Dana Whiddon	 Donna Agostino	 Peggy Earle	 Steve McKenna	 Maria Lalicata	 Kirk Nahabedian	 Leta Letton		

Visit our website at: BOWESRE.COM
Visit our Rental site at: BowesRentals.com

781-648-3500
Rentals: 781-648-4500

**1010 Massachusetts Avenue
Arlington**

Local representatives discuss their agendas

By Roberto Scalese
STAFF WRITER

State legislators from Arlington, Lexington, Belmont, Woburn and Waltham met to dis-

cuss their priorities for the upcoming legislative session during Rep. Jay Kaufman's monthly Open House last Thursday. The five representatives spent

the hour discussing different topics and possible legislative solutions.

Kaufman said each member of the panel agreed not to mention education finances because

it is on the top of everyone's agenda. The issue is a hot topic now because of the governor's pledge to return some local aid back to communities and the recent court decision that found Massachusetts does not adequately fund education.

"We have a once in a lifetime opportunity," said Kaufman.

Rep. Jim Marzilli, D-Arlington, said creating a comprehensive energy policy in Massachusetts is essential for our economic future. A plan that includes conservation, the adoption of renewable energy sources and luring renewable energy providers into the state would create economic stability while reducing pollution and easing stress on the environment, he said.

"The failure of the state to address this is just glaring," said Marzilli.

Rep. Anne Paulsen, D-Belmont, said one of her main goals is legislation requiring employers to give workers seven sick days per year. She said that for workers without health care and no sick days, it's impossible to take the time to recover from illness.

"Half the workers in Massachusetts have no sick days," said Paulsen. That prevents parents from taking time off to tend to sick children, or for people with

illnesses to stay home and recuperate, she said.

Rep. Tom Stanley, D-Waltham, said his priority was protecting equal rights and Hanscom Field. Stanley added he would work to make sure the governor did not auction off the Middlesex Hospital property.

"We're trying to stop the governor from having the authority to auction state property," said Stanley.

New Rep. Patrick Natale, D-Woburn, said he's trying to focus his efforts in some areas rather than just sign on to every bill in front of him. Natale said his primary focus would be health care for the elderly and families in need.

"We have an obligation as a society to provide the same health benefits I have to everybody," said Natale. "We need to twist arms up on Beacon Hill."

Health care dominated much of the conversation, with the representatives saying work is underway to draft a comprehensive health care bill for the state.

Several representatives also said restoring the tax rate back to 5.95 percent is critical in regaining a solid footing for the state financially. That would allow the state to also restore cuts to the Prescription Advantage program and Medicaid.

"It comes to a point where costs keep rising," said Stanley. "The rubber has to hit the road someplace."

Only Natale disagreed with raising the income tax rate.

"I really, truly believe there's a lot of waste in government," said Natale. He advocated home care for seniors as a way to keep seniors healthy while not incurring the costs of a nursing home.

Marzilli lauded Secretary of Commonwealth Development Doug Foy for his efforts to create smart growth districts in the state as a way to increase affordable housing.

"Until we place housing close to transportation modes...and close to where people work, it's going to be increasingly difficult to provide affordable housing for people."

Paulsen agreed, saying that towns should encourage construction in their centers that have storefronts on the first floor and housing above.

"Trying to build affordable housing close to town centers is a very valuable thing to do," said Paulsen.

In addition, the representatives said they were ready to fight a constitutional amendment banning gay marriage. Kaufman said he hoped the legislature could "kill that damned amendment."

ACT NOW & SAVE!

Buy before Feb. 1, 2005 and save up to \$475 on your new Tempur-Pedic® Bed! Due to increasing costs, we must increase our prices on February 1, 2005. There has never been a smarter time to buy the bed that you have always wanted.



**BEAT
THE 2005
PRICE
INCREASE!**



BUY BEFORE FEB. 1, 2005

Burlington
112 Burlington Mall Road • (781) 273-2250
Hingham
92 Derby Street, Suite 135 • (781) 740-2260

HealthyBack
Feel Better Than Ever Before

800-4-MY-BACK • www.healthyback.com

MARKETING CODE ZC005



Healthy Back® Beds
Prices increase on Feb. 1, 2005
on NatureTex and SensiTemp



**The CXO Office Chair —
Our Best Ergonomic Chair!**
Prices increase on Feb. 1, 2005



GUARANTEED FROM \$399 FROM \$1200 FROM \$25 FROM \$30 FROM \$80

CAMPAIGN NOTEBOOK

Walsh plans campaign launch

The Committee to Elect Teresa Walsh, candidate for Arlington Housing Authority, is hosting a campaign kickoff event on Sunday, Jan. 30, from 4-6 p.m. at 118 Crescent Hill Ave., in the Mount Gilboa District.

Walsh is an assistant attorney general and has a decade of service on the Zoning Board of Appeals.

For event details, contact Lisa

Collins at 781-646-3419 or e-mail her at michaellisacollins@comcast.com.

LaCourt kicks off campaign

Annie LaCourt, a candidate for the Board of Selectmen, will kick off her campaign on Sunday, Jan. 30, from 3-5 p.m. at 14 Brantwood Road.

All citizens are invited to hear LaCourt talk about her vision for Arlington and find out how to get involved in the campaign. Another way to find out about the campaign is to check out the new Web site at www.AnnieforSelectman.org.

Information about LaCourt's background, reasons for running and contact information for the campaign are all available on the site. More content will follow as the campaign develops.

Coffee with Walsh Feb. 5

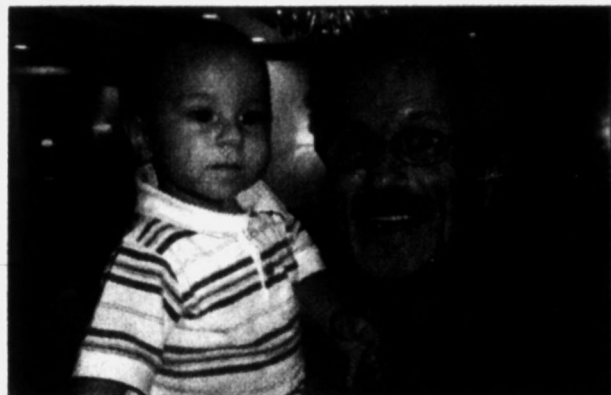
The Committee to Elect Teresa Walsh, candidate for Arlington Housing Authority, is hosting the first in a series of "Coffee with the Candidate" at the home of Fred and Patrice Harris, 56 Churchill Ave., on Saturday, Feb. 5 from 4-6 p.m.

Walsh is an assistant attorney general, former Town Meeting Member and has a decade of service on the Zoning Board of Appeals.

For event details contact Lisa Collins at 781-646-3419 or e-mail her at michaellisacollins@comcast.net.

Candidates can send campaign information that will be included into a campaign notebook. To be assured that items will go into that week's paper, we need candidates' and readers' political correspondence by noon on Monday of that week.

I CAN HEAR HIS FIRST WORDS!



James Grady E. Boston, MA

"I'm very happy that I saw your ad and responded. I'm sorry I didn't do it years ago! I never realized how much I was missing until now. My Hearing consultant, Dianne Ingwersen, was such a love and she was fantastic through the whole testing and decision making process. I'd highly recommend Mass Audiology to everyone who is having a hearing problem."

Thanks, Mass Audiology!

**NEW! Intelligent
Directional
Digitals**

**\$1,000 OFF
Pair!!!** Offer ends 1/31/05

100% Audi Digital Full Shell



\$995
Offer Ends 1/31/05

**FREE
Hearing Test**

for all Seniors.
Recommended Annually
Expires 1/31/05

**No Cost
No Obligation**

Nationwide Service ★ Lifetime Care ★ American Owned & American Made ★ Advanced Hearing Technology

**Mass.
Audiology**

CENTERS OF HEARING EXCELLENCE

**CALL TOLL-FREE
1-866-536-HEAR (4327)**

www.massaudiology.com

IN YOUR HOME
Have your hearing test done at your home. This service is FREE for seniors and without obligation.

DEDHAM
Dedham Plaza,
Route 1
725 Providence
Hwy.

BROCKTON
165 Westgate Dr.
(Next to Lowes)

PEMBROKE
Rte. 139
(Brigantine Village)

MARLBORO
277 Main Street
(Victoria Bldg.)

MEDFORD
Eyeglass Shop
446 Salem St.
Downtown

WALTHAM
85 River Street
(Colonial Shopping
Center)

STONEHAM
Dube Optical
284 Main St.

"Exclusive provider of **AUDIBEL** Hearing Instruments"

All major insurances accepted including: GIC, 1st Seniority, Blue Care 65, Mass Health, and Medicaid.

There's Never Been A More Important Time To Buy American.

ARE YOU CONCERNED ABOUT YOUR PARENTS BEING ALONE?

Homewatch can help:

- Customized in-home care
- 2 hours to 24 hours
- Assist with meals, errands and housekeeping

(781) 652-8246

"At Home" Living Assistance
Since 1978—Bonded and Insured

CAR DONATIONS
provide maximum proceeds to your chosen charity when you call

Cars Helping America

1-866-949-3668
www.carshelpingamerica.org

Help Charities for Children, Education, Cancer, Hunger, Homeless, Blind, Religious & Community Services

An honest, reliable resource for **tax deductible** car donations

CARS BOATS TRUCKS

St. Mary's Elementary School
162 Washington St. - Winchester, MA

OPEN HOUSE AND REGISTRATION

Preschool to Grade 5

Wednesday, Feb. 2, 2005, 9:00 A.M. - 2:00 P.M. and 6 P.M. - 8 P.M.

and

Thursday, Feb. 3, 2005, 9:00 A.M. - 11:00 A.M.

St. Mary's School offers:

- Classes for Grades One through Five (average class size of 16)
- Choice of Full or Half-Day Kindergarten
- Preschool Program for Three and Four Year Olds
- Afterschool program (2:30 P.M. - 6:00 P.M.)

For further information please call
(781) 729-5515

**When is it time for you?
How about now...**

Your #1 Dentist 2 years in a row, is now accepting new patients!

**Barbara Lawnicki, DMD
Kallen Hull, DMD**
1068 Mass Ave., Arlington
781-646-6788

We appreciate your continued support

Wisdom performing with Opera Boston

Lily Wisdom, a fifth grader at Covenant School, is playing the role of "princess" in Opera Boston's "Alceste" on Friday, Jan. 28 and Sunday, Jan. 30 at the Cutler Majestic Theater.

"Alceste," composed by Christoph Willibald Gluck, is an 18th century opera which has been described as an exquisitely beautiful portrayal of love and self-sacrifice. In this production, Opera Boston is collaborating with the Grammy-nominated Boston Baroque Orchestra and Chorus.

Wisdom has appeared previously in Boston Ballet's "The Nutcracker" and "Swan Lake". She is the daughter of Dr. and Mrs. Jack Wisdom of Arlington.

For more information, please visit www.operaboston.org.



Lily Wisdom, 10, of Arlington, rehearses with Xavier Ferreira, 11, of Taunton. The two play the children of Queen Alceste and King Admete in Opera Boston's "Alceste," showing at the Majestic Theater on Jan. 28 and 30.

Candidates in upcoming election

TOWN CLERK

*Corinne M. Rainville, 745 Summer St.

TREASURER

*John J. Bilafer, 15 Victoria Road

BOARD OF SELECTMEN

Two seats

*Diane M. Mahon, 23 Howard St.

Paul Addorisio, 51 Pond Lane

David Barrett, 22 Newman Way

Annie LaCourt, 48 Chatham St.

Jason A. Tarkington, 24 Draper Avenue

ASSESSOR

*Mary Winstanley O'Connor, 781 Concord Turnpike

SCHOOL COMMITTEE

Three seats

*Martin Thrope, 348 Gray St.

Michael Cerone, 272 Sylvia St.

Sean Garballey, 45 Maynard St.

Joshua Lobel, 73 Jason St.

HOUSING AUTHORITY

*Freeland K. Abbott, 104 Madison Ave.

Teresa Jeanne Walsh, 35 Hutchinson Road

*Incumbent

Note: Selectman Charles Lyons and School Committee members Barbara Goodman and Joani LaMachia have not said whether they will run for re-election.

Important dates for April 2 election

Monday, Feb. 7 — Last day for Town Meeting members who are candidates for re-election to give written notice that they are running again.

Thursday, Feb. 10 — Last day to obtain blank nomination papers.

Tuesday, Feb. 15 — Last day to submit all nomination papers to the Registrar of Voters for certification of signatures.

Monday, Feb. 28 — Last day to file nomination papers with the Town Clerk's office.

Wednesday March 2 — Last day to withdraw and/or object to all nomination papers.

Thursday, March 3 — Drawing of names for position on the ballot.

Monday, March 14 — Last day to register to vote in election.

Saturday, April 2 — Town Election.

Number of signatures to be certified

Town offices — Nomination papers must be properly signed by at least 50 voters.

Town Meeting — Nomination papers must be signed by at least 10 voters in the precinct.

Paulsen will hold office hours at Fox

Rep. Anne M. Paulsen will hold office hours in Arlington on Wednesday, Feb. 9, from 7 to 8 p.m. in the Fox Library at the corner of Cleveland Street and Massachusetts Avenue.

All East Arlington residents are welcome to come and meet Representative Paulsen, to let her know about concerns they have or to ask for help with legislation or in dealing with state agencies.

Northern Mortgage Services, LLC
MB #3393

Conveniently located in East Arlington at
164 Massachusetts Avenue

- ▲ **FREE** Mortgage Analysis/Consultation
- ▲ No Application Fee
- ▲ Debt Consolidation/Home Improvement/Cash Out
- ▲ All Types of Credit
- ▲ Pick-A-Payment & Interest Only Programs
- ▲ Low/No Money Down Purchases, Stop Paying Someone Else's Mortgage!!!

(781) 643-8700
www.NorthernLoans.com



WILD WOMEN OUTFITTERS

presents

ADVENTURE COUTURE Spring Fashion Show

Hosted by Elyse Cherry
CEO of Boston Community Capital

February 13, 2005
Doors open at 11am
397 Massachusetts Avenue, Arlington

RSVP by February 4th to reserve seating
781-641-5776
Free Admission

A Benefit for Team WWO Breast Cancer Walkers.

Cookies are on the way

The annual Girl Scout cookie sale is underway.

The cookie sale is an important fund raiser for Girl Scout troops and the money generated supports the many programs in Girl Scouting. Please look for your neighborhood Girl Scout to place an order or purchase cookies at a troop run cookie booth.

Girls will be going door to door taking orders until Jan. 30. Booth sales at local businesses will be happening periodically until March 20.

This year, the girls will be selling eight varieties including Caramel deLites, Peanut Butter Patties, Thin Mints, Shortbread, Peanut Butter Sandwich, Reduced Fat Lemon Pastry Cremes, Animal Treasures and Iced Berry Pinatas.

JOIN THE FIRM. EXERCISE.

American Heart Association

American Heart Association
Fighting Heart Disease and Stroke

Choose Healthful Foods

Come join ACTS and
"Consider Yourself Part of the Family"
in our next production
of
LIONEL BART'S OLIVER!

Performances are:
Fri. February 4th at 7:30 p.m.
Sat. February 5th at 2:30 & 7:30 p.m.
Sun. February 6th at 2:30 p.m.

At Emerson Umbrella
40 Stow Street
Concord, MA

For Ticket Reservations Call:
781-899-4467

DISCOVER Lowell

Community Newspaper Company will be running a special section highlighting the rich history and great culture of Lowell. This special section will cover the arts of Lowell from museums to theaters, and the rich history from the historic mills to the legendary trolley. We will also review the fine dining of Lowell and we'll highlight the beautiful sites from the scenic waters to the family-friendly LeFlore baseball park.

Discover Lowell - don't miss this special section on Thursday, February 10th!



Sponsored by: LOWELL GENERAL HOSPITAL

Mail entries to: Community Newspaper Company
150 Baker Ave Ext. Suite 201 • Concord, MA 01742

Name _____
Address _____
City _____ State _____ Zip _____
Daytime Phone _____ Email _____
Restaurant Choice _____

READER GIVEAWAY
3 Readers will win a \$50 Gift Certificate to a Lowell restaurant of their choice!

One winner will be drawn at random from all completed entries on February 25, 2005 and will be contacted by mail. No purchase necessary. Must be 18 years of age or older. Employees of Community Newspaper Company and their families are not eligible to win. One entry per person. Photocopied entries not accepted. Entries become property of Community Newspaper Company. Entries must be postmarked February 25, 2005 or earlier to be eligible.

Griffin Fuel

A FULL SERVICE DISCOUNT PRICED OIL CO.

AUTOMATIC DELIVERY AVAILABLE

781-646-6055

24 Hour Emergency Burner Service
Est. 1977

YOU & THE LAW
From the Law Offices of
LEONE & LEONE
637 Mass. Ave., Arlington, MA • (781) 648-2345
www.LeoneLaw.com

John D. Leone David A. Leone

THE FIRST STEP

Once your attorney deems that your case warrants legal action in a civil court, he or she will file a petition. This document, which officially requests the court's assistance in resolving a dispute, specifically identifies the plaintiff and the defendant and describes the matter that it wishes the court to decide. Included in the complaint will also be the plaintiff's suggestion for resolution of the issue. For instance, the plaintiff may ask for monetary damages. As soon as the petition has been filed with the administrative clerk of the court, the lawsuit officially begins. The court will then

notify the defendant of the plaintiff's charge and will include a copy of the complaint in the notification.

If you believe your dispute warrants a case in civil court or a civil suit has been brought against you, your first course of action is to speak with an attorney. At our practice, we can represent clients in many courts, including civil litigation. We look forward to serving you with expert legal counsel, responsiveness, skill and professionalism. For further information, call us to schedule a consultation. We are conveniently located in Arlington Center.

Valentine's Day Gift Guide

Everything you need for Cupid's checklist!

Valentine's Day
New 5 star chef creates a special Valentine's Day Menu- soup salad, entree, breadrolls and coffee/tea/soda.
Whole house candlelit to provide the perfect romantic evening.

The Hartwell House
94 Hartwell Avenue, Lexington, MA 02421
781-862-5111
www.thehartwellhouse.com

Valentine's Day Gifts
Many for under \$200!

J. Olson jewelers
342 Great Road, Acton
978-264-0216 www.jolsonjewelers.com

To advertise on this page call
978-371-5720!

Perspectives

EDITORIAL

Snow removal bylaw legislates being neighborly

The blizzard that we faced last weekend is one example why The Advocate questions a town bylaw that requires residents to shovel their sidewalks.

According to the town bylaw focusing on residences:

"The owner or occupant of any residentially zoned land abutting a paved sidewalk in the town shall cause all snow and ice to be removed from said sidewalk by plowing, shoveling, scraping or otherwise so as not to damage such sidewalk, and within eight hours between sunrise and sunset after such snow and ice have come upon the sidewalk. Only so much of said sidewalk that shall afford a space wide enough to accommodate the passage of two pedestrians shall be required. Violations of this section shall be punishable by a fine of \$10 per day that the snow and ice are not so removed."

For most of the year, residents don't have to worry about sidewalks. A sidewalk doesn't belong to them, but it's

their responsibility when it snows. We question the legality of forcing citizens to clean sidewalks, which don't belong to them.

We applaud the thousands of residents who shovel their sidewalks, but through the bylaw, the town is legislating being neighborly.

Those who pushed for the provision were well meaning. They wanted sidewalks cleared so people — especially elderly and handicapped — could walk on the sidewalks without hurting themselves.

Almost 20 percent of Arlington residents are seniors. How can the town expect them to shovel a path to "accommodate the passage of two pedestrians" after a storm like the one that hit this week?

Another concern about the bylaw is that the town is diverting its police force to targeting those who don't shovel sidewalks. We would rather have police officers protecting and serving — rather than nagging.



PHOTO BY STEPHEN SCHNEIDER

Moving along

Arlington resident Stephen Schneider is taking photos of the progress of the new Dallin School. With the opening planned in a year, workers have been working through the winter.

This week's blizzard highlights another problem we have with the bylaw. When more than 2 feet of snow is dumped on the town, where do the residents put the snow from the sidewalks after shoveling out their cars and

stairs?

Many residents, particularly East Arlingtonians, don't have the space to pile snow after a regular storm — never mind a blizzard that leaves more than 2 feet of snow in its wake.

If the town is serious about clearing sidewalks, then Town Meeting needs to allocate money to buy a fleet of sidewalk plows. Shoveling shouldn't be up to residents when the sidewalks don't belong to them in the first place.

LETTERS TO THE EDITOR

Proposed budget does not return positions

I agree with your editorial of Jan. 20 ("Asking for too much could hurt chances.") It would be folly to ask the taxpayers to override Proposition 2 1/2 in order to support a 12 percent increase in our school budget.

However, my vote to increase the superintendent's recommendation by an additional \$2 million was not a vote to place this question on the ballot. It was a statement of what we need to bring our schools up to the funding level of 2003.

As a member of the School Committee, my responsibility is to advocate for the best possible education for Arlington's children. It is my duty to let the public know the true cost of making the Arlington Public Schools a place where every child can thrive.

The budget presented by the superintendent and voted by the majority of the School Committee members addresses our need to hire more teachers in response to increasing enrollments and to provide new teachers with professional development. It does not restore funding to the level of 2003. It does not return librarians, guidance counselors and social workers to our schools.

The amount of time our students spend in art, physical education and foreign languages remains less than that of other communities, and we still charge fees for full-day kindergarten, instrumental music and athletics.

I have been a member of the School Committee for 12 years; I understand the need for compromise and collaboration, but only after we all know just what is being compromised.

Barbara Goodman
MEMBER
SCHOOL COMMITTEE

Concerned about coach's dismissal

I am saddened by the unfair and unwarranted dismissal of Danielle Athanasiadis as head coach the Arlington High varsity girls soccer program.

Danielle was summarily dismissed by AHS Principal Charles Skidmore without an opportunity to rebut complaints made by a small group of disgruntled parents whose opinions do not reflect the majority of players and their parents.

Danielle's experience speaks for itself: Div. 2 All-American at Merrimack College, assistant coach at Merrimack and ULowell, and head coach at Marion High school, a position she left to raise her first child. She found time to

become assistant coach to AHS varsity coach Lori Sullivan for two years before becoming head coach after Lori retired.

Danielle is an excellent teacher of soccer. Equally important, her experience has taught her of the pressures high school athletes face off-the-field managing school work, jobs, life and athletics. She limited practices to a 5 p.m. conclusion and expected players to spend their weekend doing their schoolwork and recovering from five-day-per-week practices and games.

Curiously, these decisions, made for the benefit of her players, were used against her by some whose first loyalties are not necessarily to the AHS program.

I understand, after three years of turmoil at AHS, that the School Committee and superintendent expected the new principal to listen better to parents and students. I hope they did not want arbitrary responses to orchestrated attacks by small cliques unrepresentative of the AHS girls soccer program.

As one who has coached both girls and boys who played varsity soccer at AHS, I am familiar with complaints about playing time and similar issues. Over the years, my response has been one of sympathy (I hope) with a proviso that it is best to speak to the coach. Should I instead tell those players and parents to take their issues direct to the AHS principal?

The manner in which Danielle was dismissed sets a poor example of fairness and due process to all AHS students. She deserves another opportunity. I encourage her to re-apply for the job; she will do so with the support of most of her players, their parents and the greater Arlington soccer community.

Steve Moniak
PAST PRESIDENT
ARLINGTON SOCCER CLUB

Glad leaders support redistricting reform

I was heartened to learn that all four of Arlington's legislative representatives are co-sponsors of a proposed constitutional amendment for redistricting reform in our state.

Thank you Sen. Robert Havern and Rep. Jay Kaufman, James Marzilli and Anne Paulsen for acting in accord with the wishes of Arlington voters. Arlington supported last November's advisory question on redistricting, "Fair Districts for Fair Elections," by more than a two-to-one margin.

Redistricting reform will help to end gerrymandering, the cynical manipulation of district lines by the legislative leadership in order to help incumbents

be re-elected and at times punish independent-minded legislators.

The proposed constitutional amendment would take the power to redistrict boundaries for our state legislators and our U.S. representatives out of the hands of the state legislature. Instead there would be an independent non-partisan redistricting commission.

Real reform takes all of us to make our voices heard, citizens and legislators alike.

Ron Feldman
MARATHON STREET

Upset about 'Soup Nazi' headline

I was perturbed for two reasons by your headline, "Move over, Soup Nazi" over an otherwise very nice article about the new owner of Geillios Cafe in East Arlington in the Jan. 6 issue of The Advocate.

The recently popularized use of the term "Nazi" to characterize any opinionated or dictatorial person is a trivialization of the experiences of thousands of people still living among us, and their even more numerous children, grandchildren and relatives, who suffered persecution at the hands of the Nazis between 1934 and 1945.

To someone born in Central Europe, the meaning of "Nazi" means only one thing and that is mindless and ignorant persecution of scapegoated people. The Nazis inflicted this on both Western and Eastern Europe, before they were finally stopped by US/Soviet cooperation at the end of WW II.

Therefore, I find the use of the word Nazi to characterize anyone from a head chef to a bus driver or a Little League coach, to be a very poor use of language indeed.

Second, I am sure that Michael Dale-sandro was appalled too, that the headline characterized him as a "Soup Nazi." There was nothing in the article to suggest that his approach to running Geillios or to cooking soup was anything but caring, loving and inclusive in the many varieties of soups he is presenting.

Christopher Huvos
SCITUATE STREET

Editor's note: "Soup Nazi" was a character in the television show "Seinfeld." In one of the show's episodes, the friends frequent an eatery that specializes in soups. The characters refer to him as "Soup Nazi" because of his gruff manner, but they also find he has the best soup they have ever tasted. When I wrote the headline, I thought "Soup Nazi" was a known Pop Culture reference. It was not meant to be a negative reflection on Gellios. I apologize that I have offended some readers.

MLK committee says thank you

Once again the Dr. Martin Luther King, Jr. Observance was a huge success.

We thank The Advocate for great coverage of this evening as well as the more than 50 people who helped out. We give special thanks to the members of: Arlington High School Gay Straight Alliance; Boy Scout Troop 306; and First Baptist Church; as well as to our sponsors:

Affirmative Action Advisory Committee; Democratic Town Committee; Fair Housing Advisory Committee; Human Rights Commission; African-American Society; Board of Youth Services; Arlington METCO Parent Advisory Council; Arlington United for Justice with Peace; Bahai Community; Calvary Church; Cambridge Savings Bank; Church of Our Saviour, Episcopal; Church of Jesus Christ of Latter-Day Saints; Coldwell Bankers Residential Brokerage; Covenant Church; Mary and John Deyst; Diversity Task Group; First Baptist Church; First Parish Unitarian Universalist; Sherry Hahn and James Hill; Knights of Columbus #109; League of Women Voters, Arlington; Mary Win-stanley O'Connor; NAACP Medford; Organizations Unlimited; Paul Dredge, principal; Park Avenue Congregational Church; Pleasant Street Congregational Church; Salvation Army; Schools for Children, Dearborn Academy and Lesley Ellis School; Elaine and William Shea; Sons of Italy; St. Agnes Parish; St. Athanasius the Great Greek Orthodox Church; St. Camillus Parish; St. Eulalia Parish; St. John's Episcopal Church; St. Paul Lutheran Church; Temple Emunah; Temple Isaiah; Temple Shir Tikvah; and Trinity Baptist Church.

Heeding the call to act as change agents, the proceeds from this evening from the sponsors and the free will collection will be used: to sponsor classes or to provide books and materials to the Arlington Public Schools for integrating Black History and/or issues of diversity and justice and peace into the curriculum; for book money for a college student given by the Arlington African American Society Scholarship Fund; and for preservation and research at the King Center for Nonviolence in Atlanta, Georgia.

Thank you, again, to our sponsors and all who make this evening possible.

Janice Bakey
CHAIR

DR. MARTIN LUTHER KING, JR.
BIRTHDAY OBSERVANCE COMMITTEE
AND THE 14 OTHER COMMITTEE MEMBERS

Holiday Giving Tree for seniors a success

The holidays are a time of gift giving and fun with family and friends for many, but not all, seniors. Happily, volunteers made all the difference for less fortunate seniors by providing and delivering gifts and a smile through the Holiday Gift Project.

We especially thank Kathy Fields, and staff at The Crafty Yankee in Lexington, for their 10th year of bringing needed gifts to seniors in 16 towns. As sponsors of the annual Holiday Giving Tree, they handled a grand total of 460 gift requests for seniors this year. Some donors, including employers, Scouts and schools, return to the store year after year to take a gift request, and ask for the Giving Tree beginning in November.

The requests are for basic needs: a new pair of slippers, sheets for a hospital bed, a portable phone to help those with mobility problems, gift certificates for food, books or music. Many packages come with substantially more items than requested.

The Crafty Yankee accepts and stores the beautifully wrapped packages until they are picked up by Minuteman staff. The gifts are then delivered by staff and over 40 volunteers, to seniors in Acton, Arlington, Bedford, Boxborough, Burlington, Carlisle, Concord, Harvard, Lexington, Lincoln, Littleton, Maynard, Stow, Wilmington, Winchester and Woburn.

We continue to receive phone calls and letters from clients and their families expressing their pleasure and appreciation to all who brought holiday cheer at this busy time of year. Thank you to the generous donors who purchased requested items and then some, as well as to the individuals, families, faith communities, Scout organizations and youth groups who delivered gifts, for your willing hands and kind hearts.

Minuteman's services are available to any senior or family member living in one of the communities listed above. For more information, please call us at 781-271-7177 or visit our Web site at www.minutemansenior.org.

Joan Butler
EXECUTIVE DIRECTOR
MINUTEMAN SENIOR SERVICES

Keep Rover's feet clear of salt

Protect your pets' feet. Please be aware that during the winter months, the salt solutions used on the roads to melt snow and ice can be extremely painful to dogs' feet.

Letters, Page 7

THE ARLINGTON ADVOCATE

9 Meriam Street, Lexington, MA 02420
www.arlingtonadvocate.com

Greg Rush, Associate Publisher
Kathleen Cordeiro, Editor in Chief
Jesse Floyd, Managing Editor

PROFESSIONAL AFFILIATIONS: New England Press Association, New England Newspaper Association.

POLICIES: Advertisers should check their ads each week. This newspaper assumes no financial responsibility for typographical errors in advertisements, but will reprint without charge that part of any advertisement in which an error occurred if the error was that of the newspaper. This newspaper assumes no financial responsibility for photographs reproduced in the newspaper, although every effort will be made to return original prints in good condition upon request.

© Community Newspaper Company. All rights reserved.

HOW TO REACH THE ADVOCATE:

MAIN NUMBER:
Phone: 781-674-7726

REPRINTS:
To order reprints of photos or pages:
Phone: 1-866-746-8603
E-mail: photoreprints@cnc.com

NEWSROOM:
If you have a news story idea, a letter to the editor, obituary, a question about news or photo coverage, or to submit an arts, education or a social news item, contact:

Les Masterson
Editor
Phone: 781-674-7726
Fax: 781-674-7735
E-mail: arlington@cnc.com



Brooke Leister
Staff Reporter
Phone: 781-674-7724
Fax: 781-674-7735
E-mail: bleister@cnc.com



Roberto Scaless
Staff Reporter
Phone: 781-674-7729
Fax: 781-674-7735
E-mail: rscaless@cnc.com



Marina Parsons
Editorial Assistant
Phone: 781-674-7720



Doug Hastings
Sports Editor
Phone: 978-371-5739
Fax: 978-371-5216
E-mail: arlington.sports@cnc.com



Elizabeth Sembower
Calendar Editor
Phone: 978-371-5753
Fax: 978-371-5220
E-mail: arlingtonevents@cnc.com

ADVERTISING:

Retail Sales Representative
Phone: 978-371-5719
Billing inquiries: 1-800-894-5141



Marilyn Joyce
Real Estate
Sales Representative
Phone: 978-371-5716

Classified Sales Representative
Phone: 1-800-624-7355
Fax: 781-453-6650

Legal Sales Representative
Phone: 1-800-624-7355, ext. 7967
Billing inquiries: 1-800-894-5141

Circulation:
To subscribe, or to report delivery problems:
Phone: 1-888-343-1972

Winter and the Water Element

In Chinese philosophy and medicine, the laws of the universe are based on the observation of nature and the changing seasons. The seasons are seen as energetic movements, which affect all living things.

Birth, growth, maturity, decline and death are associated with spring, summer, late summer, autumn and winter. Each phase of life's development has a different energy, just as each season does. Plants sprout in spring, bloom in summer, bear fruit in late summer, lose their leaves in fall and die in winter.

By observing all of these changes in nature, the Chinese named the five phases and linked them with the seasons. These five phases, or five elements, are called Wood, Fire, Earth, Metal and Water. Living in harmony with these five phases was the way to health in ancient China. Today, understanding the energy flow of each element and season still helps us live in greater balance and harmony. These principles help us enjoy better health.

The snow crunches underfoot as I walk around the Arlington Reservoir. The morning is quiet. I pause and watch the light snow fall on the ice. The pond is frozen. We are deep into winter now.

The ground is frozen hard. The trees are bare and I can see their silhouettes against the winter sky. Nature is resting. There is a starkness and silence in winter. This dark and cold is a time of mystery. When all of nature appears to be dead, seeds of new growth are waiting in the ground and under the ice to germinate — storing up water and waiting for the right time to begin life.

In Chinese medicine, winter is the time of the Water Element. The Water Element governs the kidney and the bladder. These organs regulate the fluids in our bodies, contain our reserves of energy and store our "jing," which is our inherited qi, or the energy passed to us by our ancestors.

The kidneys are considered a powerhouse of energy that drives all of the activity of our body-mind and spirit. This is the storehouse of our vital essence. When the kidneys are depleted, our storehouse supplies run low and we can feel



The Changing Seasons

Margaret Ryding

fatigue, lethargy and a lack of vitality.

Chronic fatigue can indicate that the Water Element is depleted. The Water energy also governs all the other fluid systems in our bodies: blood, lymph, tears, sweat, saliva and sexual secretions. The harmonious movement of these fluids is important to our health. Problems with dryness, swelling or edema could be a problem in the Water energy.

Fear is the emotion connected with the Water Element and is a healthy emotion in appropriate circumstances. It alerts us and keeps us safe in dangerous situations. But a chronic feeling of dread and anxiety can make us feel overwhelmed, panicked or frozen with fear. This is often a sign that our Water Element needs help.

As we move into winter, we need to adjust our diets once again. The weather is colder so a diet that produces more heat is necessary. Vegetable soups, cooked carrots, turnips, onions, potatoes, brown rice, meats, black beans and lentils all will help to keep us warm. Both salty and bitter foods are appropriate for winter, because they promote a sinking, grounding quality. Miso, soy sauce and seaweed are good additions now.

To benefit the kidney, drink 6-8 glasses of water a day. Give into your urge and take a nap. Go to bed early. These activities will help revitalize us and prepare us for spring's renewal.

May you have a wonderful long rest this winter. Allow yourself to dream, to bask in the mystery of winter and feel the awe of the season.

Margaret Ryding is an acupuncturist trained in the Five Element tradition. Acupuncture is an ancient form of medicine originating in China five thousand years ago. It is an energy-based practice that works with nature to help a person heal naturally. Ryding has been practicing acupuncture in Arlington for eight years.

LETTERS TO THE EDITOR

Letters, from Page 6

If you notice your dog walking on three legs or suddenly limping severely, chances are the pain is being caused by the salt. Please walk your dog in locations which do not use such copious amounts of this salt mixture (it is generally very heavily spread around schools and businesses) or use booties to protect their feet.

You can get soft booties for about \$5 for a set of four at pet stores. It is most disconcerting to see people oblivious to or ignoring the pain and discomfort caused by the salt.

Be good to your pets — they depend on you.

Veronica Walsh-Snow
ROBBINS ROAD

Former business owners send thanks

As my husband and I have recently re-located to Cape Cod, my Arlington-based home repair business has closed its doors. Handy Hammer, Inc., has been a profitable, fun and challenging venture that gave me the opportunity to meet and serve the home improvement needs of countless Arlington and vicinity homeowners.

I happily consider myself "semi-retired" having operated Handy Hammer for the past six years (which was one year more than I had originally intended).

My heartfelt gratitude goes out to all of those clients and businesses that contributed to the success of Handy Hammer.

Suzanne Pavao
PRESIDENT HANDY HAMMER INC.

Concerned about erosion of entitlements

The erosion of entitlements has already begun.

The IDEA (the Individuals with Disabilities Education Act) and Medicare have already been undermined; and Social Security has been targeted for privatization. Additionally, the US Department of Justice has reduced its activities in protecting the civil rights of individuals.

These are serious policy challenges to rights, supports, services and benefits for the elderly, the poor and for people with disabilities — issues for a country once committed to a Great Society and

where at the very least the emphasis has been on fairness.

Changes to IDEA

The United States has a history of providing public education. Public means inclusion for all, not some.

To be entitled to a public education means only that you have to be a child. However, there is a shameful history of exclusion, segregation and institutionalization attached to the denial of education to children with disabilities.

Thirty years ago (20 year after Brown v. Board of Education), Congress passed this major civil rights education act to right the wrongs suffered by people with disabilities whose fundamental right to education has been denied. Over the years, IDEA has been weakened to meet the needs of school administrations who find educating children with disabilities too challenging.

The situation is exacerbated even more because the No Child Left Behind Act (NCLB), which is not an entitlement, has put pressure on schools to meet certain standards. (Neither IDEA nor NCLB were fully funded by Congress this year.)

In order to get student scores for NCLB up, there is a growing tendency to segregate children with disabilities from their typical schoolmates. There is pressure from the right to move toward separate but equal, a lesson once learned in the last century, but apparently forgotten by some.

At the same time, Congress has increased discipline rules which can and have impacted unfairly on students with neurological disabilities, has "reduced paperwork burdens for teachers" which weakens planning to meet the students' needs and "cut down on litigation between parents and school districts" by promoting the filing of lawsuits against those lawyers who help parents and thus undermining the due process rights of children with disabilities.

Sen. Edward Kennedy called the compromise "a monumental achievement" in the face of pressure to further undermine the law. He did acknowledge the anxiety and uncertainties of advocates and families about this new legislation, which is weaker than Congress' original promise in 1975. In the current day practice of using euphemisms to describe change, IDEA has been renamed the Individuals with Disabilities Education Improvement Act.

Altering Social Security

Social Security was the major achievement of the last century, the cornerstone of America's concern for its people. It was a social contract that promised every individual in this country on reaching age 65 would have a safety net that gave some financial support in their old age. This came about during the Great Depression when people were scrambling to just survive. It was a promise that you would not die of hunger or cold in your old age.

Today, it provides most of the income for older Americans. Over time, Social Security has provided support for orphans, widows and people with disabilities.

Now, President Bush has made it a cornerstone of his administration to undo this basic entitlement by privatizing Social Security. In spite of the recent significant losses in the market where those who could save saw their savings cut by half or more, the president has persisted in promoting corporations.

We do not yet know the extent of the impact of President Bush's dismantling of Social Security on those people with disabilities served by Social Security. We do know that it will cost a great deal of money to implement the president's plan if he is sincere in his promise to maintain payments for those who are currently on Social Security.

We can not know now much the president's privatization plan will increase hardships for seniors, poor families and people with disabilities

Guest Columnist

Barbara Cutler,
Arlington Commission on Disability

Future of Medicare and Medicaid

Medicare was created to meet the needs of Americans on reaching 65. Age was the sole qualification necessary for this entitlement. Medicare was extended to serve surviving children with disabilities and others.

Eligible people with disabilities and seniors were hopeful that Medicare would provide prescription drug coverage. Instead they were disappointed by President Bush's promotion of a privatized prescription program.

Medicaid (not an entitlement) was created with income guidelines to promote health care to the poor and many people with disabilities who are underemployed. In Massachusetts, MassHealth and Commonwealth use Medicaid funds. Medicare and Medicaid were paired in a dual eligibility program for the elderly and others who cannot afford additional health insurance or prescription drug coverage. This group may be the hardest hit by the withdrawal of federal funds.

The National Governors Association is urging the federal government not to reduce the states' share of federal Medicaid funds. Gov. Mitt Romney, a leader in that group, is committed to supporting health care to Massachusetts' poor and needy. He is pursuing with Washington ways to continue funding.

Under both Medicare and Medicaid plans, there is growing concern that a more restrictive list of prescription drugs will be developed which will effectively deny critical drugs for people with disabilities, possibly placing them in danger

Less Action in Civil Rights

The U.S. Department of Justice, the federal agency designated for the enforcement of civil rights, has reduced its efforts in prosecuting civil rights violation; and fewer investigations into these abuses are being done although the number of complaints remain as high. Instead the Justice Department is more involved with illegal drugs and immigration cases. Environmental prosecutions are also down which says something about the agency's priorities.

The Impact of These Changes

The chilling effects of these changes and events should not be lost. We will not know how deep cuts in entitlements and services will be because it is expected that the president's private proposals will not be included in his Feb. 7 budget release.

Hard times are ahead for the elderly, poor and disabled.

Arkansas Gov. Mike Huckabee wants to ask the federal government to "first do no harm." Good advice for the president and the country.

Save These Dates

• Feb. 7 — US Department of Education's public meeting to seek input for developing regulations for the new IDEA. Sheraton Boston (in the Prudential Center), 39 Dalton St. 10 a.m. to 2 p.m. and 6:30 to 8:30 p.m.

• Feb. 11 and 12 — Facilitated Communication Workshop, W. Boylston Parent Center.

For information, call the Arlington Office on Disability.

• March 16 — 27th annual Arc/MDDC Legislative Reception at the State House Boston.

10:30 a.m. to noon. (The commission is one of many disability agencies which co-sponsors this event.)

• In California, March 14-16, the 10th National/3rd International Conference on the Abuse of Children & Adults with Disabilities. Info: delcooperarc@aol.com

A Sad Life

However inspirational her disability may have been to her family and others, it is hard not to grieve for Rosemary Kennedy as a victim of a time when many people were hidden in institutions away from their families or at home without education, without services.

Her life should remind us of society's crimes against people with disabilities.

Barbara Cutler is a member of the Arlington Commission on Disability. Cutler's columns about disability issues appear occasionally in The Advocate.

Letters to the editor policy

In order to be printed in The Advocate, please follow these rules:

• A signature, your street address and either a daytime phone number, home phone number, or both. We will not print the information — only your name, street name and title (where applicable). We will not print anonymous letters.

ters.

• Letters should be limited to 400 words.
• Letters must be dropped off at the Advocate drop box — Community Safety Building lobby, 112 Mystic St. — by noon Monday, or e-mailed to arlington@cnc.com by 5 p.m. Monday.

Benjamin Banneker Charter Public School
21 Notre Dame Avenue, North Cambridge, MA 02140
617-497-7771 • 617-497-4223 FAX
slombara@banneker.org

Is Now Accepting Applications for ALL Grades, K-8
for the 2005-2006 School Year
During our Open Enrollment Period
for the months of January, February and March

• BBCS is a SCIENCE and TECHNOLOGY School
• Our Classrooms all have state-of-the-art computers
& access to the Internet
• A Lottery will be held on March 15th

Applications can be picked up at the school, mailed, emailed, or faxed to you
for your convenience or go to our website at www.banneker.org.
We accept applications from Cambridge and surrounding towns

N.E.'s largest & finest swimwear specialty retailer is NOW OPEN IN LEXINGTON, MA

BEACHFRONT PROPERTY SWIMWEAR
Cruise 2005 swimwear & resortwear arriving daily at all four locations!

50 Winchester St., Newton, MA 617-630-9692
79 Lynnfield St., Peabody, MA 978-531-0234
7 Meriam St., Lexington, MA 781-863-2834
Rte. 101-A, Pennichuck Sq.
Merrimack, NH 603-595-2776
www.beachfrontswimwear.com

ADDITIONS • DORMERS • SECOND LEVELS

MITCHELL
DESIGN & CONSTRUCTION, INC.

866-391-3717

Can you tell I'm straightening my teeth?

Get the beautiful smile you've always wanted, without braces.

She's wearing Invisalign.

Invisalign is the invisible way to straighten teeth using a series of custom-made, nearly undetectable, Aligners. It's been proven to be effective in both clinical research and in practices nationwide. So whether your teeth are crowded, too far apart, or have shifted since wearing braces, you'll have a new reason to smile.

invisalign
Start smiling more™

Call today to schedule an appointment
Cambridge Orthodontics
Drs. Blau, Petrosino & Samadani
1751 Mass Ave.,
Cambridge, MA
(617) 491-6800

REAL ESTATE TODAY
by Robert Bowes, CRB, CRS
TAKE SOME CREDIT

For years, consumers have had the right to see their credit reports for free only after they have been denied credit. Of course, by then, the denial is likely to have put a serious crimp in their home-buying plans. Now, however, a new federal law enables consumers to see their credit reports free, once a year, to check for errors before they cause any potential financial harm. In the marketplace, your credit report represents your risk to prospective creditors. The new rule will be phased in across the country. It began on December 1, 2004, when thirteen western states adopted the law, and continues until September 1, 2005, when the final fourteen states and the District of Columbia come on board.

If you have not done so recently, obtain a copy of your credit report and carefully check it for accuracy. It is not uncommon for a person with a common last name to have errors on their credit report. When you are ready to purchase a new home or property, call BOWES/PENNELL & THOMPSON GMAC REAL ESTATE at (781) 648-3500 to schedule an appointment. We are conveniently located at 1010 Massachusetts Avenue in Arlington.

HINT: If you are about to take out a mortgage to purchase a home, it is a good idea to make sure your credit report is error-free, regardless of cost.

A Place to call Home

Youville Place

Assisted Living Residence

■ Studio & Bedroom Apartments
■ Personalized services to promote independence
■ Exceptional dining
■ Country setting
■ 24-hour staffing
■ Serene chapel

10 Pelham Road, Lexington
781-861-3535
www.youvilleplace.com

Please call to arrange a personal tour.

Youville Place, sponsored by the Grey Nuns, welcomes people of all faiths, races and cultures.

Let kids enjoy childhood

When are they going to invent a kiddie palm pilot?

I did it: I finally found a ballet class timeslot for my daughter that fits with all of our schedules. The only catch is that she'll have to eat lunch in the car on the way to afternoon preschool afterward. Wait a second: my daughter is only 4 years old. Why do I want to put her through this rush-rush scenario at such a young age?

It seems that these days, even the youngest kids are booked solid with activities and commitments. The trend is toward sending them to daycare and preschool at an early age and signing them up for all kinds of classes on top of that. There's a message out there that kids "need stimulation" and that the busier you are (whether you're 3 or 33), the more successful you are or will be. Childhood is gradually disappearing.

Why do we do this? Is it a symptom of being an over-achiever parent trying to do the very best for the kids, but actually overdoing it? We think if we enroll them in lots of activities, we've done our best to provide

Guest Columnist Melissa Lucius

them with everything they will need in life. But what they need the most when they're young is us, and time at home. Running from activity to activity is no substitute for good parenting.

Maybe we do it because we think we have to prepare them for this rush-rush world, the one we live in. But ask yourself: Are you happy and satisfied with your lifestyle? Do you want to pass this on to your children?

This kind of lifestyle is stressful. If our kids live the equivalent of the 80-hour workweek, they may get stressed out and burned out. Stress is bad for anyone, but for a developing kid, it's even worse, because they're setting patterns for later life.

I worry more about shielding them from over-stimulation rather than if they're getting

enough stimulation. What works best for our kids (ages 4 and 1) is to enjoy a few activities and have a few commitments, with lots of time in between for absorption, daydreaming, unstructured play, family time and even getting bored.

Amanda, my older daughter, goes to preschool three afternoons a week. She has piano class on Saturday mornings and otherwise spends her time with the family, at low-key playdates, playing outside, reading, drawing, playing with blocks or legos, running around with her little sister and building forts with couch cushions. Although she dropped her afternoon nap when she was 2, she still has quiet time in her room after lunch on non-preschool days.

The result is that she has a long attention span (we say she has ASD: attention surplus disorder), we're extremely close and she's full of wide-eyed imagination and dreams. She appreciates each activity and looks forward to it. Usually, there's one big outing or event per day and she has lots of time to anticipate it, then lots of time afterward to appreciate it and ponder it.

Amanda will be starting kindergarten in the fall and her commitments will certainly increase. But there's no reason to rush it now. We want to let her be a kid for as long as she can. There's plenty of time to be a grown-up later. And as for the ballet, either we'll find a timeslot on a non-preschool day or the whirling and twirling will have to wait for a while.

Melissa Lucius is a Hillside Avenue resident.

Lessons learned

Guest Columnist Naomi Funkhouser

offers his hand and I shake it. "You don't look more than 15," he chides. "Next time, I'll need to see some identification, before I believe you're at (Syracuse University)."

A fellow volunteer who has come here from New York City to work in this soup kitchen, strolls over to a man in his 40s, and inquires about his kids. Clearly, there are regulars who come to St. Paul's each day for a warm meal and conversation.

Two hundred and seventy meals later, the eight volunteers sweep the floors, wash the tables and take the bulging trash bags outside. The remaining diners turn up their coats, collars and brace themselves against the wind that is creeping under the door.

The wind is piercing as I sprint back to the car. Ours is a world of cruel societal inequalities, I think to myself as I drive back in my heated car to my dining hall where I take for granted the fact that I can, with the swipe of a card, have unlimited choices of food.

I am humbled. I am reminded that there exists a world beyond the scope of my university, and it can be cruel and unrelenting.

Naomi Funkhouser is an Arlington resident and a Syracuse University graduate.

Help!

I should have seen an **Eyewear Expert!**

Good vision is no accident. A licensed Massachusetts Optician is your Eyewear Expert. See one today!

READER'S CHOICE AWARD 2004

Ronald A. Riesz - Dispensing Optician
482 MASSACHUSETTS AVENUE
ARLINGTON, MA • 781-643-7325
www.rieszoptical.com

GEILLIOS
Family Owned Deli & Catering Since 1976
218 MASSACHUSETTS AVE
A FEW DOORS DOWN FROM
THE CAPITOL THEATRE
781.643.6644
PASTA SALADS CATERING

Call US for your SUPERBOWL PARTY needs

Menu includes

1/2 pan Grilled Sausage and Peppers - \$23.95	Chicken Fingers - Regular or Buffalo Style 6 Pieces - \$6.99
1/2 pan Homemade Meatballs & Sauce - \$23.95	12 Pieces - \$12.99
1/2 pan Cheese Ravioli in Sauce - \$23.95	18 Pieces - \$18.99
1/2 pan Steak Tips w/ Pepper & Onion - \$23.95	Grilled Jumbo Shrimp with Spicy Cocktail Sauce - \$21.00 per dozen
(All pans will feed 12 people)	Gourmet Sandwich Platters with a selection of specialty sandwiches - \$6.50 per person
Homemade Wing Ding Chicken Wings with celery & bleu cheese. Three Styles to choose from:	Gourmet Lunch Meat Platter - \$5.50 per person
Buffalo 12 Piece - \$5.99	Traditional Antipasto Platter - \$4.50 per person
Teriyaki 24 Piece - \$10.99	Crudite and Dip - \$3.50 per person
Honey Glaze 36 Piece - \$20.99	Choice of Lasagna - Three Cheese, Meat and Eggplant
	Call for Sizes!

Please place all orders by Saturday, February 5th!

Now Open 7 Days a Week
Monday thru Friday 10:00 a.m. - 8:30 p.m.
Saturday 10:00 a.m. - 8:30 p.m. • Sunday 11:00 a.m. - 7:00 p.m.
Open SuperBowl Sunday February 6th • 11:00 a.m. - 7:00 p.m. • www.GEILLIOS.com

A&W 781-395-7443

Electronics Hours: Mon., Tue., Wed. & Sat. 9 am-6 pm
Thu. & Fri. 9 am-9 pm

491 Riverside Ave., Medford, MA
"Family Owned & Operated Since 1965"

YES, WE ARE OPEN!

JVC 52" Widescreen HD-Ready 3-D Comb Filter HD 3-Chip D-ILA Display Reg. \$3499.95

NOW! \$3099⁹⁵

HD-ILA™ Powered by **D-ILA**

STAND AVAILABLE \$499.95

SONY 36" FD TV WEGA Flat Screen Digital with Memory Stick

\$949⁹⁵

The staff at **A&W Electronics** is friendly and knowledgeable. Come on in and let us help you with all your electronic needs.

UNIDEN Police Bearcat Scanners — Starting at \$99⁹⁵

Come grow with us at The Bartlett School

Science with Habitat
Art with
the Museum of Fine Arts
Daily French or Spanish
After School & Summer Program
Hot Lunch & more...

PK 1-3 Years Old through 6th Grade
Independent
Co-educational

1841 Trapelo Rd., Waltham/Lincoln Line
781-890-1865
www.bartlett.org

What happened to your completely free checking account?

Did a bank merger impose minimum balance requirements and monthly fees on you?

SWITCH YOUR ACCOUNTS TO LEADER BANK WHERE WE OFFER:

- **FREE** Personal and Business Checking
- **FREE** First Order of Checks
- **FREE** On-Line Banking and Bill Payment
- **FREE** ATM Transactions at all SUM Network machines

NO MINIMUM BALANCE • NO MONTHLY FEES

3 Year CD* 3.75% APY**

* Early withdrawal penalty may apply. ** Annual Percentage Yield. Minimum deposit \$1,000. Rates subject to change.

PURCHASE/REFINANCE • FREE PRE-APPROVAL

30 Year Fixed 5.625% APR* No Points / No Closing Costs \$5.76 Per Thousand Borrowed. *Annual Percentage Rate subject to change. Minimum loan amount \$200,000 with 20% down.	15 Year Fixed 5.125% APR* No Points / No Closing Costs \$7.91 Per Thousand Borrowed. *Annual Percentage Rate subject to change. Minimum loan amount \$200,000 with 20% down.
--	--

www.leaderbank.com
781-646-3900

141 Massachusetts Ave. Arlington, MA 02474

Leader Bank Member FDIC

Play set in '30s, but still relevant, say actors

'The Women' begins at AFD tomorrow

By Brooke Leister
STAFF WRITER

When Susan Rice described the play "The Women" to her friends as a social satire of high society 1930s women, they quickly placed it in a more modern context.

"Like 'Desperate Housewives' in the 1930s," many of them said in reference to the hit ABC television show. It's not too much of a stretch as the play examines how women are defined by society, their husbands and friends.

Arlington Friends of the Drama presents "The Women" tomorrow, Saturday, Sunday and Feb. 4, 5 and 6 at the Academy Street theater. The 22 cast members, all women, portray more than 30 roles in the play written by Clare Boothe Luce.

Rice of Boston was drawn to the production because award-winning director Celia Couture is at the helm. Couture, a business and management consultant, directed the award-winning "Laramie Project" at AFD last year, as well as "Proof" at the Vokes Players in Wayland. She also directed the award-winning "M. Butterfly" at AFD.

Rice, an administrative assistant, plays Peggy, described as the naïve newlywed.

"I think she's the most innocent one. She looks up to a lot of the women. I think she has a lot of discovery," Rice said.

The play tells the story of Mary, played by Lexington's Christine Connor. After 12 years of marriage, Mary is thrilled with her two children and her marriage. When her husband falls into the clutches of an ambitious shop girl, Mary ignores her mother's advice to let the affair run its course. Two years later, when she finds out the relationship between her husband and the shop girl is not going well, she prepares to do battle.

"Mary is the character with the biggest journey. We meet her first in her home and she's the model of happiness and fulfillment," said Connor, a silversmith. "This show is a cross between 'Mean Girls' and 'Survivor.' There are changing alliances between these women and Mary draws through the center of it... She makes things happen in a very subtle way. At the end of the play, she grows up and becomes her own woman."

Concord resident Sheryl

Garden club meeting set

The Arlington Garden Club will hold its February meeting at noon on Feb. 9 at the St. James Episcopal Church, Pleasant Street.

There will be a social hour and a chance to greet old and new friends. A business meeting will follow with information on the upcoming fashion show to be held March 13 at the Whittemore Robbins House.

Following the business meeting, the speaker for the afternoon is Donna Reed. Her topic is "Designing with Houseplants." Also, a reminder — this is the month members bring donations for the Food Pantry.

Peters concurred.

"As far as women during the 1930s, she is within the socially acceptable norms of the time. By the end of it, she is starting to see what the possibilities (for) women are. That speaks to Clare Boothe Luce. Women were right on the cusp," said Peters, who plays Countess de Lage, the comic relief character.

Peters, the former educator director at Concord's Orchard

House and the former school programs director at the Concord Museum, was drawn to the play's historical significance.

"What draws me to this play, and it's a classic in real life, is it's about women's attitudes. This was an interesting time," she said.

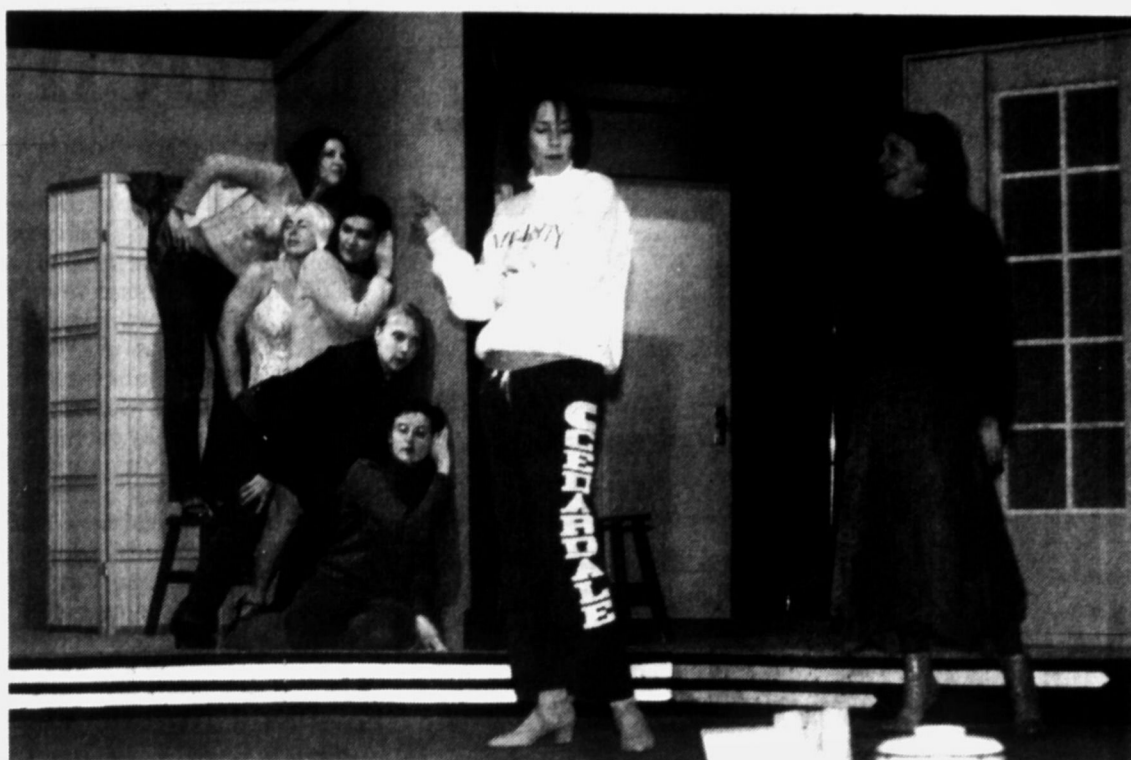
Of her character, Peters added, "She's so over the top. She has no inhibitions. She's fun. She's bigger than life... I'll never get a chance to wear a beaded gown like I do in this show, or feathers."

Costumer Andrea Goodman of Arlington has been busily assembling the extensive supply of costumes. She's been keeping an eye out for A-line skirts and dresses, simply cut vintage dresses, as well as an array of costume jewelry to evoke the 1930s.

"The challenge is to really maintain the variety and to really maintain the era," said Goodman, a corporate researcher for a consulting firm.

Wakefield resident Kate Mahoney, who portrays Nancy Blake — the playwright's alter ego, is pleased to be in a production with an all-female cast.

"I loved the idea of doing a play with so many strong



STAFF PHOTOS BY SUE SICKLER

Jen Kirby, playing Crystal Allen, and Christine Connor, playing Mary Haines rehearse for the upcoming Arlington Friends of the Drama's "The Women" along with Orit Ditman, Kristin Gallas, Abby Hiscox, Cyne Williams and Julie Flaherty.

women's roles. In community theater, you usually don't get that. There's more men's roles," said Mahoney, who works in the communications department for the Dana-Farber Cancer Institute.

Amy DeMarco, a Medford resident portraying Edith, said audience members should be able to identify with several of the characters because they

are caricatures of different types of women.

"It's such satire, and it's satire about the kind of woman I hope I'm not. Yet, there's so much in it that you can say, 'Yeah, women can be like that,'" said DeMarco, a high school religion teacher.

"The Women" opens tomorrow evening at 8 p.m. Tickets

cost \$15 and there will be a champagne reception for cast and audience members following the show. The show will also be staged Saturday at 8 p.m., and Feb. 4 and 5 at 8 p.m. There will be a 4 p.m. show Jan. 30, and a 2 p.m. show Feb. 6.

The theater is located at 22 Academy St. For more information, visit <http://www.afdtheatre.org>.

Better banking is in the bag.

**WIN
\$1000
CASH!**

Visit our new Belmont office in February and you can enter to win \$1,000 CASH. No deposit is necessary and you don't need to be a customer. Anyone 18 years of age or older is eligible (excluding employees and their relatives). Be sure to visit soon!



**EARN
3.33%
apy**

annual percentage yield as of 2/1/05

Open a 33-Month Bump-Up CD at our new Belmont office in February and you'll enjoy this special high APY. Interested in another term? We'll pay you a bonus of .10% on any of our other Term Accounts from 6 months to 5 years. Early withdrawal penalties may apply and only new money qualifies.



**FREE
Totebag**

Open a Bulldog Account at our new Belmont office in February and you'll receive this attractive canvas totebag FREE. In addition, you'll enjoy...

- **2.17% annual percentage yield** as of 2/1/05*
- **FREE** Checking
- **FREE** ATMs Worldwide
- **FREE** VISA Check Card
- **FREE** Online Banking



Actual Size
16"x11.5"x4.5"

Belmont Branch

4 Hill Road at Brighton Street
Belmont, 617-484-0009
Mon-Thurs 8:30 - 4
Fri 8:30 - 6 • Sat 9 - 1

We just opened a new full service office at 4 Hill Road in Belmont. You're invited to celebrate with us all month long.

Weekdays 8:30-4 • Friday 8:30-6 • Saturday 9-1



STONEHAM SAVINGS BANK

150

1855-2005 Our 150th Anniversary

24-Hour
Phone Banking
781-438-3011

www.stonesav.com

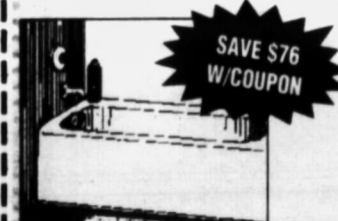


Member FDIC | Member DIF

The Community Choice Since 1855

All accounts require a \$10 minimum deposit to earn APY. *A minimum automatic transfer of \$10 a month from a FREE Bulldog Checking Account is required and the rate may change after the account is opened. One FREE Totebag per account while supplies last.

**DON'T
REPLACE
YOUR OLD
BATHTUB
...REGLAZE IT!**



**\$249 w/coupon
reg. \$325**

Ask about Sinks, Tile and Color
Travel charge may apply

**EASTERN
REFINISHING CO.**
1-800-463-1879

COUPON EXPIRES 2/4/05

Election workers sought

Residents interested in serving as election workers at the polls should please contact either Mary Ann or Jean in the office of the Board of Selectmen at 781-316-3020.

Email the editor of The Arlington Advocate at arlington@cnc.com

Lawrence Memorial/Regis College

Associate of Science in Nursing (ASN) Program

The LPN to RN Fast Track Program

Special Information Session on Thursday, February 3, 2005 at 7:00 p.m.

Licensed Practical Nurses: join us to learn more about this special program to "fast track" your education to become a Registered Nurse.

► Advanced placement for LPNs and transfer students

► Flexible scheduling day or evening/weekend divisions schedules

► Classes admitted in January & August

► Small classes with low faculty to student ratios

► Clinical experiences within weeks of enrollment

► Clinical rotations at major Boston medical centers, local hospitals and community sites

► Comprehensive Financial Aid

► Tuition Reimbursement Incentive Program available

► On campus housing available

Lawrence Memorial / Regis College
Nursing Program

170 Governors Avenue, Medford, MA 02155

781-306-6600 | www.lmregis.org

Accredited by the National League for Nursing Accrediting Commission

New community ed brochure available

Want to relax with yoga or knitting? Become a pro in digital photography? Meditate in motion with T'ai Chi? Paint our own silk scarf? Take a bird walk through the Arlington Reservoir? Fill your kitchen with the delicious aromas of freshly baking breads and simmering stews?

Look no further than the all-new Arlington Community Education (ACE) catalog, packed with more than 90 fun, interesting and exciting courses to enliven winter and spring evenings. Classes are taught by talented professionals and offered at below-market prices.

Long on curiosity, but short on time? Check out the many one and two-night workshops that run throughout March, April and May, including: Back Pain Yoga Clinic, Wedding Dancing: a One-Night Workshop, Rejuvenating Skin Care, First Aid for Pets, Feng Shui and Bike Repair.

More than 30 new courses include: Watercolor for Travel Journals, Pilates, Garden Coaching, Wine Sampler, Introduction to Zen, Conquer Clutter in Your Home and Office, Writing Work-

shop, Effective Parenting and Beginning Photography.

A complete list of courses is available on the Web at www.town.arlington.ma.us/commed.

Brochures are mailed to all Arlington residents and are available at the Community Education Office at Arlington High School, Arlington libraries and many locations throughout town. Most classes are held during the evenings at Arlington High School beginning the week of March 1. Non-residents are most welcome.

You can register by mail, phone or fax, and may pay by check, cash Visa or MasterCard.

The Community Education Office is open on Monday and Wednesdays from 10 a.m. to 2 p.m.; Tuesday, Thursday and Friday from 8 a.m. to noon; and Tuesday and Thursday evenings when classes are in session, only, from 5-8 p.m. The office is located on the first floor of Arlington High School, just off the Main Lobby.

Call 781-316-3568 or e-mail communityed@arlington.k12.ma.us.

Office hours for Marzilli

State Rep. Jim Marzilli will hold office hours Friday, Feb. 4 from 9 to 11 a.m. at the Council on Aging, which is located at 27 Maple St.

During this time, residents can come to discuss their concerns about town and state matters, legislation and problems they are having with state agencies. Rep. Marzilli can be contacted at his office 617-722-2460 or Rep. James Marzilli@hou.state.ma.us.

MWRA starts pipe work

The Massachusetts Water Resources Authority will begin construction this week to replace 2,100 feet of old water pipeline along the Mystic Valley Parkway. The section of 60-inch diameter pipeline runs under state parkland, between Rawson Road and the Alewife Brook.

After several leaks were fixed in this section of pipeline over the past decade, MWRA conducted a full excavation. The inspection found that full replacement was necessary.

MWRA's contractor, P. Caliacco Corp., will take measures to protect nearby trees and the riverfront. Traffic along Harvard Avenue will be maintained, with some temporary lane restrictions. Construction completion is expected by the end of May. The site will be restored upon completion.

A project construction trailer will be located at the Mystic-Alewife Brook Parkway rotary.

Breakfast focuses on health insurance

In April, the health insurance companies set their new rates. For those of you who are self-employed or own small businesses, don't be in the dark until then.

Instead attend the Arlington Chamber of Commerce's Health Insurance Breakfast Seminar on Thursday, Feb. 17, from 7:30-9 a.m. at the Whittemore Robbins House (670R Massachusetts Avenue, directly behind the Robbins Library) to find out what lies ahead.

At this seminar sponsored by Winchester Hospital, member Jack McIntosh of Baystate Financial Services will provide an overview to small business owners and the self-employed about what to expect for rate increases. He will also discuss new insurance plans to be introduced this year. Network with peers too.

Cost: \$12 for members, \$20 non-members. Register online go to <http://www.arlcc.org/events.php> or call the Chamber at 781-643-4600.

Connect

www.arlingtonadvocate.com

CORNERS™

PICTURE FRAMING SUPERSTORE

OUR DESIGNERS MAKE THE DIFFERENCE!

Visit us at www.cornersframing.com or call 1-800-FRAME54

CLEARANCE

SALE ENDS JANUARY 29TH!

SAVE 70%-90%
Decorative Art & Mirrors
See store for details.

FREE
Ready-made Mat
with the purchase of a Ready-made Frame
See store for details.

CUSTOM FRAMING BONUS COUPON

Bring in this coupon by 02/05/05 and SAVE an additional 30% OFF our 30% OFF in store custom framing sale!

SAVE OVER 50%
on your ENTIRE Custom Framing Order

Must present coupon at time of order. Does not apply to previous purchases, corporate rates, Super Specials, special orders or Gallery. Cannot be combined with any other coupon. Custom orders must be paid for in full at time of order. Offer expires 02/05/05.

#COR4011

CORNERS

CUSTOM FRAMING ...a perfect fit every time!

Bellingham

508 966-2200

Braintree

781 356-2220

Brookline

617 469-5400

Burlington

781 270-5333

Cambridge

Memorial Drive

617 492-0733

Porter Square

617 661-8661

Danvers

978 762-6222

Framingham

508 879-8502

N. Attleboro

508 399-6822

Norwood

781 278-9760

Natick

508 650-5000

Newton

617 527-9330

Saugus

781 231-1199

Shrewsbury

508 842-3334

Stoneham

781 279-1990

Swampscott

781 581-6655

Watertown

617 924-7706

FrameSmart

West Roxbury

617 323-3500

*We Know the Town
We Know Your Neighborhood
Let our Knowledge &
45 Years of Local Experience
help you with all your
Real Estate Needs.*

Sweeney & O'Connell
THREE GENERATIONS SINCE 1959 REAL ESTATE

1191 Massachusetts Avenue, Arlington, Massachusetts 02476

"Visit our Web Site"

Everything you need to know about **Buying or Selling a Home** can be found on our **Web Site!**

- * Get Current Listing Information
- * School & Town Information
- * Mortgage Info/Pre Approvals
- * Free Reports

"The Best of Both Worlds"

Suburban Living with Downtown Feel



Arlington's Most Exciting New Address!

Beacon Hill Style Townhouses in Arlington Center
* Designer Kitchens * Fabulous Master Suites * Garage Parking
* 3 Bedroom, 2.5 Bath Units * 1750-2300 SF * Spring Occupancy
Prices Starting @ \$609,900

Visit: sweeneyandoconnell.com for more information

"Thinking of Selling?"

Call today for a Complimentary no obligation Market Value Analysis

"Thinking of Buying?"

Call or Visit our Web Site To sign up for Automated E-Mail of current listings (A Complimentary Service)

(781) 643-7478

When Experience Counts!

Call
Sweeney & O'Connell
Real Estate



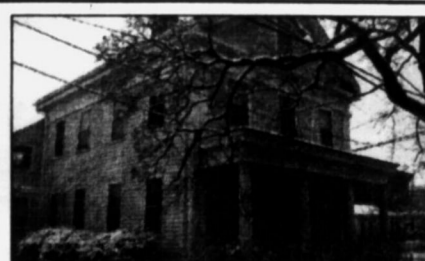
Make your move today! Don't miss your opportunity to own a new home in this Bishop School abhd. Last of three this 8 rm, 3 BR, 3 BA home features a spacious and bright 24x24 great rm w/vaulted ceilings and direct access to rear deck, well appointed kit w/stainless steel appliances, 1st flr study, 2 car garage and more. Act now while there is still time to make your selections. Offered @ \$799,900



You won't cramp your style in this 9 room, 5 bedroom, 3.5 bath CE Colonial w/1st floor FR, 2 car garage & farmer's porch on 9K lot. Convenient location, walk to New Dallen School, Arlington Heights, T & Park Circle. Offered @ \$859,900



Pride of ownership reflected in this 7 room Cape situated on a lovely street in Morningside. This home offers many features including an updated kitchen, sun porch overlooking spacious yard & finished lower level. This is the home you'll want to call yours for years to come. \$459,900



"Opportunity Knocks" 1875 Greek Revival with adjoining 900 sf building, zoned B1 is well situated for mixed use or redevelopment. Located on corner lot in Central Street Historic District in the heart of Arlington Center. Offered @ \$859,000



www.sweeneyandoconnell.com

